

# OUR STORY



Imagine a coffee house that doesn't operate for profit... That invests every penny it receives back into the community it surrounds.

Imagine a coffee house that breathes life into a long term vacant building and creates a safe and comfortable community space for all ages, backgrounds and beliefs to enjoy.

Imagine that coffee house is operated by people that may have personal challenges to overcome, but by investing in them, it hands them some skills for a brighter future.

Now imagine a customer, that buys a drink, cake or lunch in that coffee house and by doing this is actually giving back to the local community, perhaps without even knowing it.

Well... you are actually sitting in that coffee house and you are that amazing customer that is helping us to pay it forward.

Sams Coffee Houses are operated by Access Community Trust and we are a local charity that is proud to be different.

Find out more about us, how you can help and what projects and services we support by visiting [www.ACCESSCT.org](http://www.ACCESSCT.org)

Emma Ratzer MBE  
Chief Executive Officer  
Access Community Trust  
and Founder of Sams.



OFFICE  
CORPORATE  
BIRTHDAY  
FUNERAL  
PARTY



## BUFFET SERVICE

We also proudly offer a range of external buffet and catering services and can tailor our offering to all dietary requirements and intolerances. Ask your server for a brochure or email us at [buffets@accessct.org](mailto:buffets@accessct.org)

"By preference we always recommend Sams for our offsite catered events. Fab food, reasonably priced and the money we spend is invested back into the community."

Jules Shorrocks  
Citrus Security

"We ordered a buffet for my daughters 21st, the guys at Sams provided us with a stunning array of fresh sandwiches, salads and the most amazing Gluten FREE personalised birthday cake!"

Mrs P Day  
Carlton Coville

## LOCATIONS

Each Sams holds the same concept to heart, whilst catering for different tastes.

- Tanner Court, Tanner St, Thetford IP24 2BQ
- MARRAM Green, Kessingland, NR33 7AH
- The Pavilion, Kingston Field, Woodbridge IP12 4BA

Please note that we do not work in exclusive food environments and whilst we take every reasonable precaution to ensure that foods are stored and kept separately, there is a possibility of allergen presence in foods labelled as allergen free. Please note our products are made, prepared and stored in environments where nuts are present. Soya Milk is available upon request.



This menu is printed on recycled paper



Vegetarian options always available

# access

Your Community Your Trust

Registered Charity in England - 1135640  
28 Gordon Road - Lowestoft - Suffolk - NR32 1NL

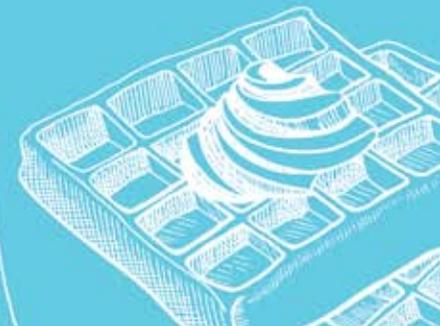
# Sams

eat.drink.meet

## MENU

LOWESTOFT

### Tasty!



## OUR HOT STUFF

CLASSIC BACON SARNIE £1.95

Two rashers of unsmoked bacon sandwiched between your choice of white or brown bread.

BACON & EGG SARNIE £2.50

Unsmoked bacon and a fried free range egg.

ALL DAY BRUNCH £4.95

The classic break-feast with two of everything! Bacon, sausages, fried free range eggs and hash browns. Served with mushrooms, baked beans and choice of white or brown toast.

VEGGIE ALL DAY BRUNCH  £4.25

A classic meat free break-feast with two of each: Linda Mc Cartney sausages, hash browns and free range eggs. Served with mushrooms and baked beans and white or brown toast.

COOK'S VEGETABLE SOUP  £2.95

Served steaming hot with buttered white or brown bread.

## OUR JACKET SPUDS

These hot baked potatoes are loaded with your choice from below and served with salad garnish.

PLAIN WITH BUTTER  £3.95

BAKED BEANS & CHEDDAR  £3.95

TUNA MAYO £3.95



## SAVOURY WAFFLES

HALF £3.50 / FULL £5.00

Enjoy one of these toppings on a warmed belgium waffle.

HAM & MUSHROOM

Combined in cook's homemade cheese sauce

TEXAN BBQ SAUSAGES

Succulent pork sausages drizzed with our smoky BBQ sauce and topped with cheddar cheese.

SAMS BLT

Crispy warmed bacon with crunchy mixed lettuce and freshly chopped tomato.

## SANDWICHES OR PETIT PAIN

ALL PRICED AT £3.95

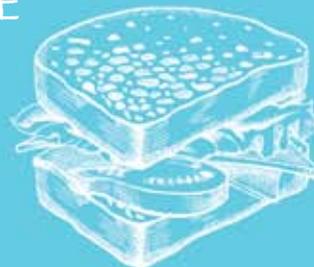
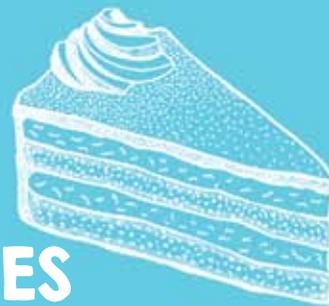
Make a choice between white, brown bread or our scrummy Petit Pain... Its posh for small roll. All are served with a side of salad and choice of flavoured potato crisps.

MIXED PEPPER SALAD & HUMMUS 

CHEDDAR CHEESE

HAM & CHEDDAR CHEESE 

TUNA MAYO



## OUR DAILY CAKES, CRUMBLE SLICES & DOUGHNUTS

Theres always time for cake!

Have a look in our special cabinet for today's moreish selection.

You can even top it with fresh cream OR vanilla/chocolate ice cream.

## SWEET WAFFLES

HALF £2.95 / LARGE £4.50

Enjoy one of these toppings on a warmed belgium waffle.

SAMS STICKY BANOFFEE

A deliciously worked blend of bananas and toffee, finished with a scoop of vanilla ice-cream with a generous drizzle of special toffee sauce.

COOKIES & CREAM

Crushed cookies blended with ice cream, then drizzled with chocolate sauce and garnished with even more crushed cookies.

CHOCY BROWNIE

This one is for the chocoholics! Silky smooth chocolate ice cream meets chunky pieces of chocolate brownie, only to be topped with a helping of cream and yet more glossy helpings of chocolate sauce.