



STEAM HOUSE

TRUSTED MENTAL HEALTH CAFE

OPEN from
22nd June

**a safe space that offers practical
and holistic wellbeing approaches**

open monday-friday 1000-1600

**with friendly guidance, support and
a growing range weekly activities inc:**

Monday's

1100-1300 Veterans
Meetup

1300-1500 Art Club

Wednesday's

1000-1100 Yoga

1300-1500 RAF Benevolent
fund meetup

Friday's

1000-1200 Freedom Prog

1300-1400 Wellbeing
Walk



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access

Your Community Your Trust

supported by
**the
crossing**



STEAM HOUSE

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